

Negative alcohol consequences reported by first year students on iHealth

For students who identified themselves as drinkers, some of the main consequences they experienced over the past 3 months were:

Negative consequences	Percentage
Have taken a foolish risk	33
Failed to do what was expected of them (school work)	20
Blacked out	*19-35%
Were involved in a sexual situation that they later regretted	18.2
Did something impulsive that they later regretted	28

	2006-07	2007-08	2008-09	2009-10	2010-11 (YTD)
iHealth data					
N first year students		1312	1398		1438
% non-drinkers (October)		29	30		36
% with heavy drinking episode in the last month		50	47		40
% with 2+ episodes heavy drinking in the last month		35	32		30

Heavy drinking is defined as 4 or more for women, 5 or more for men.